

About me:

Hi, I'm Cecily 😊 I'm now a 4th year Horizon CDT Student (*Argh! Internal panic!*)

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My PhD project:

Exploring the impact of social media on the mental wellbeing of looked after young people and the implications this could have on future social media policies and design



Young People

- An opportunity to **contribute to research** and get their **voice heard**
- Talking to an outsider might be **beneficial and increase awareness** of their own actions and consequences

Social Media and Technology Designers

- **Increase understanding** around which features of social media are having positive effects or negative effects on young people's mental health, thus potentially contributing to **change in design**

Policy Makers

- **Increase understanding** and inform how current policy is understood and whether any **changes** should be encouraged to ensure vulnerable young people are being considered

Councils

- Inform **policy and training**
- Can be used in meetings and care homes to **support staff and increase understanding** of young people's experiences

Benefits

Schools

- Inform **potential curricula changes** to stay up-to-date with the digital world and how it is impacting young people